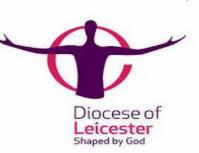
P

Aylestone



r

St Andrew's

S

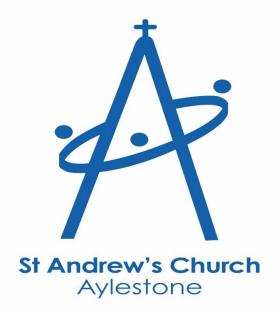
H

N

E

W

S





Spring 2024 £1.00



St Andrew's parish church

Revd Rowena bass St Andrew's Rectory, old church street

standrewsaylestone@gmail.com 291 0021

Reader Emeritus Brenda spencer 2910354

Church Wardens

Glenn Jones gln865@hotmail.com 07504980913

Stuart Smith ssfsuk@gmail.com 07974139981

Deputy Churchwarden John Robb 299 2339

Head verger Lilian Newby 07752 544745

Assistant verger Leonard barker

PCC Secretary Anna cooper 2837050

PCC Treasurer John Robb 299 2339

Organist / choir Director Graham Lightburn

Bell tower captain Liz Wright 283 5155

lyzzwright@yahoo.co.uk

Flower circle sec Sue Morrell 2881455

Sacristan John Robb 299 2339

Ayestone parish news

Editor Alison Varnam 07533331161

standrewsaylestone@gmail.com

Distribution sec Anne Hayto 283 2978

To hire the parish hall contact the parish administrator

Alison Varnam tel : 07513 281908

Standrewsparishhall@gmail.com

- There are times in every community when life is very difficult.
- This is one of those times a young boy fell into the river on Sunday 18th February, and at the time of writing, has not been found.
- This is a horror for all of us, and for the family it must be almost unbearable.
- All our thoughts and prayers go to the family.
- So how do we cope when terrible things happen?
- What sustains us?
- Well in the case of Aylestone, it's that word "community".
- We sustain each other. The amazing and wonderful local pub "The Black Horse" immediately opened its doors for hospitality and comfort.
- The churchwardens immediately opened up the church for loos, tea, candles, prayers.
- The emergency services have been, and continue to be, tireless and gracious, in their efforts to find the little boy.
- And many, many people in this community have reached out in love and care to try to help in different ways.
- This is the love of God in action and it is wonderful to behold.
- In church we have tried to remain open as much as possible, and huge thanks goes to all the volunteers who have given up time to welcome people through the doors.
- Many visitors have lit candles as a symbol of hope and light; as an expression of prayer and love.
- This is what the candlelight represents a light shining in the darkness.
- We light candles at our All Souls' service to represent our love for the departed.
- And we light candles at the Christingle service on Christmas Eve, to show that Jesus is a light shining in the darkness.
- We read in the Bible: The light shines in the darkness, and the darkness has not overcome it. (John 1;5).
- The darkness never will overcome the light, and this community proves it. We are so blessed to be here in Aylestone and send many prayers and

blessings to the family of the little boy.

THE SPRING

Now that the winter's gone, the earth hath lost Her snow-white robes, and now no more the frost Candies the grass, or casts an icy cream Upon the silver lake or crystal stream; But the warm sun thaws the benumbed earth. And makes it tender; gives a sacred birth To the dead swallow; wakes in hollow tree The drowsy cuckoo, and the humble-bee. Now do a choir of chirping minstrels bring In triumph to the world the youthful Spring. The valleys, hills, and woods in rich array Welcome the coming of the long'd-for May. Now all things smile, only my love doth lour; Nor hath the scalding noonday sun the power To melt that marble ice, which still doth hold Her heart congeal'd, and makes her pity cold. The ox, which lately did for shelter fly Into the stall, doth now securely lie In open fields; and love no more is made By the fireside, but in the cooler shade Amyntas now doth with his Chloris sleep Under a sycamore, and all things keep Time with the season; only she doth carry June in her eyes, in her heart January.

Some more hymns

Been to a wedding lately? You probably sang love divine, all loves excelling? Just one of 22 hymns by Charles Wesley, included in Hymns old and new. And those are not many, compared to the 6,500 to which he wrote the words.

- We sing hail the day that sees him rise, at Easter, the glorious lo! He Comes with clouds Descending, in Advent and Hark the herald angels sing, for Christmas.
- Were you at midnight communion when some happy revellers at the back shouted Encore? Inappropriate, but could you blame them.

 I first learned, and can it be in a united reformed Church, and was
- I first learned, and can it be in a united reformed Church, and was delighted when it was introduced to Anglican Churches.
- Charles was born in 1707 and was one of the last family of a Lincolnshire clergyman. At oxford, he started a prayer group, later joined by his brother John, mockingly called 'The Holy club' or the Methodist by fellow students.
- The name Methodist stuck. The intention was to reform the church of England and bring christ's message of love closer to ordinary folk in the strange new world of the industrial revolution.
- Unsuccessful in America, and rejected often by Anglican congregations, the brothers took to preaching to vast crowds in the open air, where Charles hymns must have lifted and inspired people whose working lives where pretty grim.
- Next time you sing 'rejoice the Lord is king '(to handel 's great tune) think of Charles Wesley. He never meant to break with the church of England, and would be pleased that Aylestone church of the nativity combines Methodist and Anglicans.

By kate

Braised savoy with fontina cheese and crispy crumb topping

Serves 4-6

- Here's a recipe to use our savoy cabbage and create something different. You can
- use gouda or gruyere cheese if you can't get fontina cheese.
- 1 tbsp butter
- 2 tbsp olive oil
- 1 onion, sliced
- 2 garlic cloves, chopped
- 2 tbsp thyme leaves, roughly chopped
- 1 large savoy cabbage, cut into 8 wedges 200ml good chicken or vegetable stock
- 200g fontina cheese, roughly cubed
- 2 slices crusty bread, whizzed to coarse crumbs
- 25g parmesan, grated
- Preheat oven to 200C/400F/gas mark 6. Heat the butter and 1 tbsp of oil in a large, ovenproof frying pan or shallow casserole over a medium heat. Add
- the onion, cook for 5 minutes until it starts to soften. Throw in the garlic, half the thyme and put the
- cabbage wedges between the onions. Fry for 1 minute on each side so the
- ingredients take on a little colour and the flavour of the onions.
- Increase the heat, pour in the stock and bring to the boil. Cook for 2 minutes, turning
- the cabbage wedges once. Remove from the heat and dot the fontina or cheese of
- your choice over the cabbage and onion mix. Toss the breadcrumbs with the
- remaining oil, thyme and parmesan. Scatter this over the cabbage and bake in the

6

oven for 10-15 minutes, or until the topping is golden and the cabbage tender.

Our changing weather - our changing climate: Seeds for change

- Early in January 2024 we saw some of the worst floods in living memory affect our local community
- here in Aylestone. Many have experienced having their homes flooded out and having to deal with
- moving out of their homes with all the difficulties and upheaval that brings. Our local café Kings
- Lock Tea room was badly affected too and we all saw dramatic pictures of flooding further
- downstream as the canal in Loughborough broke its banks and affected may more homes and businesses.
- This changing weather, with higher intense periods of rainfall and more prolonged periods of
- drought (as we experienced in spring 2023), are all part of how rising global temperatures are
- affecting our climate. With more energy in the atmosphere predictions are that we will experience
- more storms and more intense rainfall and more heat waves which has an impact on all of us in our
- daily lives. This is a global phenomenon and farmers around the world are having to think about how
- a changing climate affects them. Whilst we are thinking how we can support our friends, neighbours
- and businesses locally through difficult times, at St Andrews we are also thinking of our global
- neighbours in those communities that are most affected by climate change. Often those most badly
- affected are those small scale farmers for whom crop failure can be devastating for their livelihoods

7

and their families.

We often think we are powerless to do anything about climate change, but there's a lot we can do to change what's happening. There's a whole range of action we can all take to reduce carbon – have a look at count-us-in.org/en-gb/.

A very practical thing we do each year at Syt Andrews is hold a plant sale during Christian Aid week to raise money for small scale farmers and projects in developing countries most affected by climate change. By growing and eating local food we can all reduce our carbon footprints and have a positive impact. We will be growing a wide range of flowers and vegetables for our annual sale and welcome volunteers to join us in growing garden plants, vegetables and houseplants for the sale.

Think about planting some seeds yourself, you don't have to have a large garden, a window box or windowsill can give you fresh salad crops. Alternatively come and support the sale and buy some plants to grow this coming season. Not only will you be supporting local farmers across the world, but you can be growing and eating local produce from Aylestone!

We look forward to seeing you on Saturday May 18 th at the sale.

Eco and Global development groups

St. Andrew's Flower Circle March-May 2024

DATE	ARRANGERS	MAIN ALTAR	SIDE ALTAR	NAVE STEP	BOOK OF REMEMBRANCE
MARCH					
3 rd		LENT			
10 th		No Flowers During Lent			
17 th					
24 th					
31st	The Flower Circle	EASTER			
APRIL	Sue Morrell Josie Barnacle- Sharkey				
7 th					
14 th					
21 st		Glynnis Brant			
28 th					
MAY	Anna Cooper Brenda Spence				
5 th					
12 th					
19 th		PENTECOST			
26 th		Glynnis Brant			

ST. ANDREW'S - FLOWER FUND

On behalf of the Flower Circle I would like to say a big thank you to all of you who have given so generously to the Flower Fund.

Your donations have enabled the Flower Circle to continue to provide flowers in the church each week, which we could not have done without your support.

Sue Morrell (Flower Circle Sec.)

AYLESTONE - IT'S AMAZING!

A series of articles which highlight some of the numerous community activities in Aylestone.

'IT'S A FINE THING TO SING, singing is the thing.....

Singing is the thing that keeps you cheery'

It's an old song, but the sentiments are true. Recent research has highlighted the benefits of singing, especially in a choir. We are told that singing helps you beat stress, helps with pain relief, improves lung function, boosts confidence, builds friendships and community and can counteract the onset of dementia. I have sung in choirs for many years and it has definitely been one of the greatest pleasures of my life. After an evening at choir practise I always feel rejuvenated and happy. The opportunity to perform in concerts is challenging but enjoyable and always supportive because I have my

singing buddies by my side. I've made

truly thankful.

members.

If you are interested in singing opportunities you don't have to go far to get involved. There are two choirs in Aylestone village, St. Andrew's Church Choir and Old Aylestone Community Choir. St. Andrew's Choir meets to practise in church every Friday at 7.15pm. We sing for Sunday morning services, 10.15 to 11.30 am and occasional other services and events. As you might expect, we lead the hymn singing but at special times like Christmas and Easter we sing choir only pieces by various composers in a range of

styles. We are a friendly group and are always pleased to welcome new

some life-long friends through singing and for all of these things I am

- We don't audition and
- although it helps to have a basic knowledge of written music, this is not essential. We sing in four part
- harmony and welcome voices in all parts, including children. If you are not sure where your voice fits, we can
- help you with that. Please contact graham.lightburn@yahoo.com for more information.
- Old Aylestone Community Choir meets at the Old Aylestone Social Club every Tuesday 7 9.15 pm. The choir
- is led by Aylestone resident Honora Paris and has been meeting in Aylestone for seven years. Honora has
- many years' experience as a teacher of music, choir leader and performing musician. The choir currently has
- 21 members and sings mainly in two part harmony using recorded backing tracks to provide musical
- accompaniment. No audition is required and although musical scores are provided, Honora can give support
- and guidance for choir members who don't read music. The musical repertoire is varied, ranging from songs
- from the shows to medieval chants and rounds to Abba and Queen. The choir performs two concerts per year,
- at Christmas and July in the Old Aylestone Social Club. (I've been to their concerts and always had a great
- night.) They have also sung round the Aylestone Christmas Tree and in local pubs at Christmas, collecting
- sizeable sums of money for their chosen charities, LOROS and Rainbows Children's Hospice. Honora
- emphasises that the choir is friendly and welcoming with opportunities for socialising in the bar afterwards if
- desired. Please contact h.paris@ntlworld.com for further information.

Yes, you CAN sing! How many times have I heard people say 'Oh I can't sing, I only ever sing in the shower where no-one can hear me'. Well, I've been singing for years and I haven't met too many people who are genuinely tone deaf. Most people can hold a tune and that's all you need. Both choirs are keen to recruit new singers both male and female, experienced and newcomers. Choirs are often short of male singers. Come on you men – give your lungs a workout and think of all the benefits which apply to you as well as women. Whoever you are a warm welcome awaits in both choirs.

Holy Week

The beginning of april heralds the start of Holy week – the most sacred period in the christian calendar.

Starting on Sunday 2nd, palm Sunday reminds us of Jesus entering Jerusalem and being greeted by the people waving palm branches. For Christians, it is a reminder of the welcoming of Jesus into our hearts and of our willingness to follow him.

Services on palm Sunday include readings of the passion that is the story of the suffering and crucifixion of Jesus of Nazareth. Jesus , death is seen by Christians as salvation and as a reminder of how porphets are often killed for when they stand for justice and peace .

Maunday Thursday is a day when Christians

Commemorate the last supper of Jesus . In some traditions there is the washing of the feet of various members of the congregation to recall the gesture of Christ at the last supper when he washed the feet of his disciples . This is a sign of the need to do more to love one another and to serve all people , especially the poor .

Good Friday is a solemn day on which christians recall the death of Jesus on the cross and its promise of hope and new life. In some traditions a wooden cross is set up and people spend time meditating before it. Other people make the stations of the cross a devotion that recalls the journey of Jesus on the via Dolorosa in Jerusalem to calvary where he was crucified.

Easter Sunday is the greatest feast inn the christian year while society puts a major emphasis on Christmas, no other day is traditionally as sacred for the christian community as Easter. This is the day christians commemorate the resurrection of christ. In some traditions the service begin the night before with the lighting of a new fire and the blessing of a large Easter candle. Water is blessed many are baptised. But for all

Christians, this is a day to renew ones faith.

An Easter message

As a Christian, the story that holds my attention this month is obviously the Crucifixtion and resurrection. its an extremly sorrowful and joyful story all at the same time.

Sorrowful that Jesus was crucified but joyful that he rose again. He came to show us what Gods love meant and to die for our sins so that we could be saved. I have to admit that even on the Good Friday service when everyone is a bit dour I have a great big smile inside, which I find hard to keep in.

I love the fact that we have a God that loves us so much that he came to us in the form of Jesus to guide us back to him. Personally , i am always on a high over this time because i know what this means for me,. I know the Lord and what he done for me , and can do for you. I much prefer Easter to Christmas from a Christian point of view . Christ died for us , lets do something for him this Easter — lets go to one of the many services on offer around , and thank him God bless

By rev, ken Waters, parish priest

Shared by Eileen Baker

March 2024	The Calendar
Fri 1st	2pm World Day of Prayer service
Sun 3rd	Lent 3
	8am BCP Holy Communion
	10.15am Eucharist
Mon 4th	4pm Lily Marriott house service
	6.30pm Soulspace
Wed 6th	9am Morning prayer
	Curates' IME
Thurs 7 th	9.30am Holy communion and coffee
	10.15am Lent course in Parish hall
	10.30am Parish Hall meeting
	2pm Teddy's Singalong
Fri 8 th	7.15pm choir practice
Sat 9 th	11am Bible Study
Sun 10 th	Mothering Sunday
	8am BCP Holy communion
	10.15am Family Eucharist
Mon 11 th	10am Ministry team meeting
	6.30pm Soulspace
Wed 13 th	9am Morning prayer
	3.30pm After School Club
Thurs 14th	9.30am Holy Communion and coffee
	10am Granby School visit church
	10.15am Lent course in Parish Hall
	2pm Teddy's Singalong
	7pm PCC meeting in the Cornerstone
Fri 15 th	10am to 3pm Parish outing to Mount St.
	Bernards Abbey
	7.15pm Choir practice
Sun 17 th	Lent 5 Passion Sunday
	8am BCP Holy Communion
	10.15am Parish Eucharist

Mon 18th 10am ECO group meeting, Cornerstone 6.30pm Soulspace Wed 20th 9am Morning prayer 3.30pm After School Club Thurs 21st 9.30am Holy communion and coffee in the Parish Hall 9.45am Granby School Early Years' Easter service 10.15am Lent Course in Parish Hall 3pm Meadows' court service Fri 22nd 7.15pm Choir Sun 24th **Palm Sunday** 8am BCP communion 10.15am Parish Eucharist with Palm Procession 6pm Music for Passiontide Mon 25th **Holy Week** 6.30pm Soulspace Tues 26th 6.30pm Compline Wed 27th 9am Morning prayer 6.30pm Stations of the Cross Thurs 28th **Maundy Thursday** 7.30pm Agape and Watch of the Passion Friday 29th **Good Friday** 10am Walk of Witness 1pm Childrens' service 1.30 – 3.30pm Childrens' workshop in the Parish Hall 2pm Liturgy of Good Friday Saturday 30th **Holy Saturday** 7.30pm Easter Vigil **Easter Day** Sunday 31st 8am BCP Communion 10.15am Eucharist and Baptism 16

April 2024

Sun 7th Easter 2

8am BCP Holy communion

10.15am Eucharist

4pm Evensong

Mon 8th 4pm Lily Marriott House service

6.30pm Soulspace

Wed 10th 9am Morning prayer

3.30pm After School Club

Thurs 11th 9.30am Holy communion and coffee

2pm Teddies' Singalong

Fri 12th 7.15pm Choir

Sat 13th 11am Bible study

Sun 14th Easter 3

8am BCP Holy communion

10.15am Parish Eucharist

Mon 15th 6.30pm Soulspace

Wed 17th 9am Morning prayer

3.30pm After School Club

Thurs 18th 9.30am Holy communion and coffee

2pm Teddy's Singalong

Fri 19th 7.15pm choir

Sunday 21st Easter 4

8am BCP Holy Communion 10.15am Parish Eucharist

3pm St. Andrew's Choir at Leicester

Cathedral

Mon 22nd 6.30pm Soulspace

Wed 24th 9am Morning prayer

3.30m After School Club

Thurs 25th 9.30am Holy communion and coffee

2pm Teddy's Singalong

Fri 26th 7.15pm Choir practice

Sun 28th	Easter 5		
	8am BCP Holy communion		
	10.15am Parish Eucharist		
Mon 29 th	6.30pm Soulspace		
May 2024			
Wed 1 st	9am Morning prayer		
	10am – 1pm Curates' IME		
	3.30pm After School Club		
Thurs 2nd	9.30am Holy communion and coffee		
	2pm Teddy's Singalong		
Fri 3rd	7.15pm Choir		
Sun 5th	Easter 6		
	8am BCP Holy communion		
	10.15am Parish Eucharist		
	4pm Evensong		
Mon 6 th	4pm Lily Marriott House service		
	6.30pm Soulspace		
Wed 8th	9am Morning prayer		
	3.30pm After School Club		
Thurs 9th	Ascension Day 9.30am Holy communion		
and coffee			
	2pm Teddy's Singalong		
Fri 10 th	7.15pm Choir		
	NB Rev'd Rowena on Sabbatical from today		
Sat 11 th	11am Bible Study		
Sun 12 th	Sunday after Ascension		
	8am BCP Holy communion		
	10.15am Eucharist		
Mon 13 th	6.30pm Soulspace		
Wed 15 th	9am Morning prayer		
	3.30pm After School Club		
Thurs 16th	9.30am Holy communion and coffee		
	2pm Teddy's Singalong		
Fri 17 th	7.15pm Choir 18		

Sun 19th **Pentecost** 8am BCP Holy Communion 10.15am Parish Eucharist Mon 20th 6.30pm Soulspace Wed 22nd 9am Morning prayer 3.30pm After School club Thurs 23rd 9.30am Holy communion and coffee 2pm Teddy's Singalong 7.15pm Choir Fri 24th Sun 26th **Trinity Sunday** 8am BCP Holy Communion 10.15am Eucharist Mon 27th 6.30pm Soulspace Wed 29th 9am Morning prayer Thurs 30th 9.30 Holy Communion and coffee

7.15pm Choir practice

Friday 31st



Bring your little ones to Teddy's Sing Along

- Thursday afternoons at 2:00pm
- Starting September 7th
- Phone Alison 07533331161



For more information contact us at: standrewsaylestone@gmail.com 0116 291 0021

Praying and Working in our Community

Old Church Street, LE2 8ND, Leicester



ST Andrew's After School Club



Wednesday's 3.30-4.30 term time only

All primary age children welcome (ks1 must be accompanied by an adult

50p per session Includes refreshment

Contact the church 0116 2910021 Or Victoria 07938914362

ACTIVITIES



Bible stories

Songs

From the Registers December 2023 to February 2024

Funerals

15th December 2023 Louise Allen

15th February 2024 James Walter Clarke

16th February 2024 Morelle Payne (Gilroes Crematorium)

Burials of Ashes

28th December 2023 Pauline Taylor Jackson

20th January 2024 Mary Alderson

The church now has a card collection machine for contactless or chip and pin payments. This has been made available by the Diocese at a very favourable cost which has been generously donated by a member of the congregation. We need to make good use of it.

Donations to the Church Initiative Fund can be made by debit or credit card online through the Church website standrewsaylestone.com and following the link on the home page.

Thank you very much for your support,

John Robb, Treasurer

Material for the Summer 2024 edition of the Parish News should reach the editor at the Parish Office or standrewsaylestone@gmail.com by May 11th 2024.

If you would like to advertise in the Parish Magazine,

please contact Alison Varnam by email standrewsaylestone.com

Church Organisations

Sunday Club: (4-11 years) meets in church in term time during the 10:15am service, except on 1st Sunday of the Monday which is an all age service. Contact: Brenda Spencer 291 0354

Mothers Union: Contact Kate Austin, 2917738

Uniformed Organisations

Scouts (11-15years) 326 5455 Thursday 7.30-9.00pm <u>SL@102nd.org.uk</u>

 Cubs (8-11years)
 326 5455

 Wednesday 6.30-8.00pm
 CSL@102nd.org.uk

 Beavers (6-8years)
 326 5455

 Monday 6.00-7.30pm
 BSL@102nd.org.uk

General Scouting Enquires contact gsl@102nd.org.uk or 0116 326 54 55

Guides (10 - 14 years) Tuesday 8pm - 9pm - Sara Towers

Brownies (7 - 10 years) Tuesday 6.30pm - 8pm - Sue Hall

Rainbows (5 - 7 years) Tuesday 5.15pm - 6.15pm - Heather Wilkes

All enquiries (both potential leaders and girls) can be made to www.girlguiding.org.uk

NEED A VENUE FOR YOUR PARTY OR COMMUNITY GROUP?

Then why not consider St Andrew's Parish Hall.

This is a substantial meeting place that is available for hire, and can take up to 150 persons. There are ample car parking facilities.

The sprung floor of the Hall is of high quality ballroom standard, and a number of dance groups meet here.

For availability and bookings, contact the Hall Administrator:

Alison Varnam: 07513 281 908

Email:

standrewsparishhall@gmail.com